

Children's Intensive Services are for children ages 2-18 who meet any of the following criteria:

- Severe emotional or behavioral struggles
- At serious risk for hospitalization
- At risk for out-of-home placement



Newport County Community
Mental Health Center

Children's Intensive Services

NCCMHC strives to meet your needs. Our programs focus on the strengths of our clients to overcome life's difficulties. We provide comprehensive treatment plans with unique services such as:

- Psychiatric assessment
- Pet assisted, expressive art, and play therapy
- Individual, family, and group therapy
- On-site, community, and home setting interventions
- Collaboration with Community Organizations

For more information please contact:
Children's Intensive Services
(401) 848-6363

26 Valley Road
Middletown, RI 02842

(401) 846-1213
For referrals and 24 hour emergency services



26 Valley Road
Middletown, RI 02842

(401) 848-6363

Child and Adolescent Intensive Treatment Services

This 16 week program caters to children ages 2-18 who are at risk of hospitalization or out of home placement. Children are assigned a therapist and case manager for community and home-based services. In CAITS your child will receive:

- Individual and family therapy
- Psychiatric assessment and medication management
- Collaborative work with the child's school, DCYF, probation, primary care physician, and any other community resource

Enhanced Outpatient Services

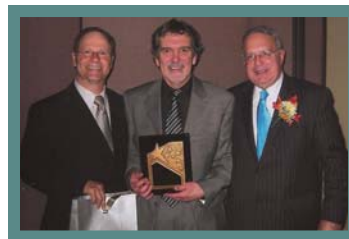
EOS is a community and home based service for children ages 2-18 who have been recently discharged from a psychiatric hospital, are at risk of hospitalization, or have an autism spectrum diagnosis. Each child is assigned an individual case manager and therapist who will provide as many hours necessary to stabilize the child in their home. Interventions provided include:

- Individual and family therapy
- Psychiatric assessment and medication management
- Collaborative work with the child's school, DCYF, probation, primary care physicians, and any other community resource

Early Childhood Day Treatment

ECDT serves children ages 2-6 who suffer from emotional and behavioral difficulties. Children receive the individual attention they need in a 6-hour per day therapeutic milieu to improve social and self-regulatory skills. Treatment includes structured activities, group outings, free play, and individual, group and family therapy. Our 2:1 staff ratio helps children with special needs to overcome a variety of difficulties, including but not limited to:

- Trauma
- Anger and explosiveness
- Anxiety
- Impulsivity
- Attachment disorders
- Hyperactivity
- Delayed development
- Depression



Presented with the *Program of Excellence Award* by the Rhode Island Council of Community Mental Health Organizations in November, 2009

Intensive Home-Based Outpatient Program

IHOP is an intensive treatment program for children ages 2-18 that takes place in your home. Services include:

- Individual therapy
- Family therapy
- Psychiatric assessment
- Medication management
- 24 Hour Emergency Intervention

Independent Living Apartment Program

ILAP program provides a non-restrictive, therapeutic living environment for young adults ages 16-21 who are open to DCYF. It is specifically designed for teens who have demonstrated sufficient self-care skills and emotional maturity.

Services include:

- Individual case management services
- Psychiatric services and individual, family and group therapy
- Educational/vocational life skill training
- Recreational opportunities
- Family contact and visitation
- YESS– Youth Establishing Self Sufficiency Program available after finishing ILAP